# Actual gynecology and obstetrics



## **ORIGINAL ARTICLE**

### First trimester screening of circulating C19MC microRNAs can predict subsequent onset of gestational hypertension

### Prvotrimestrální screening cirkulujících C19MC mikroRNA predikuje pozdější výskyt gestační hypertenze

Ilona Hromadnikova<sup>1</sup>, Katerina Kotlabova<sup>1</sup>, Lucie Hympanova<sup>1,2</sup>, Jindrich Doucha<sup>3</sup>, Ladislav Krofta<sup>2</sup>

<sup>1</sup>Department of Molecular Biology and Cell Pathology, Third Faculty of Medicine, Charles University in Prague, Czech Republic <sup>2</sup>Institute for the Care of the Mother and Child, Third Faculty of Medicine, Charles University in Prague, Czech Republic <sup>3</sup>Clinic of Obstetrics and Gynecology, Second Faculty of Medicine, University in Prague, Czech Republic

Correspondence: prof. RNDr. Ilona Hromadníková, PhD., Oddělení molekulární biologie a patologie buňky, 3. lékařská fakulta Univerzity Karlovy, Ruská 87, 100 00 Praha 10, tel.: +420 267 102 170, e-mail: ilona.hromadnikova@lf3.cuni.cz

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**Objective:** The objective of the study was to evaluate risk assessment for gestational hypertension based on the profile of circulating placental specific C19MC microRNAs in early pregnancy.

Study design: The prospective longitudinal cohort study of women enrolled at first trimester screening at 10 to 13 weeks was carried out (n=267). Relative guantification of placental specific C19MC microRNAs (miR-516-5p, miR-517\*, miR-518b, miR-520a\*, miR-520h, miR-525 and miR-526a) was determined in 28 normal pregnancies and 18 pregnancies which developed gestational hypertension using real-time PCR and a comparative Ct method relative to synthetic C. elegans microRNA (cel-miR-39).

Results: Increased extracellular C19MC microRNA plasmatic levels (miR-516-5p, p< 0.001; miR-517\*, p= 0.007; miR-520h, p< 0.001; miR-518b, p= 0.002) were detected in patients destined to develop gestational hypertension. MiR-520h had the best predictive performance with a PPV of 84.6% at a 7.1% false positive rate. The combination of miR-520h and miR-518b was able to predict 82.6% of women at the same false positive rate. The overall predictive capacity of single miR-518b (73.3% at

14.3% FPR), miR-516-5p (70.6% at 17.9% FPR) and miR-517\* (57.9% at 28.6% FPR) biomarkers was lower.

**Conclusion**: The study brought interesting finding that the up-regulation of miR-516-5p, miR-517\*, miR-520h and miR-518b is associated with a risk of later development of gestational hypertension. First trimester screening of extracellular miR-520h alone or in combination with miR-518b identified a significant proportion of women with subsequent gestational hypertension.

### Literature

Hromadnikova I, Kotlabova K, Hympanova L, Doucha J, Krofta L. First Trimester Screening of Circulating C19MC microRNAs Can Predict Subsequent Onset of Gestational Hypertension. PLoS One. 2014 Dec 15;9(12):e113735. doi: 10.1371/journal.pone.0113735. eCollection 2014.

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